

patient pre-operative instructions

Date: _____

Patient name: _____

Your surgery is scheduled at Edward Hospital on _____
at _____ am pm by Dr. Paul.

Do not eat, drink, or smoke AFTER MIDNIGHT the evening prior to your surgery. THIS INCLUDES WATER, gum, mints, candy and cigarettes. Any stomach contents may pose a serious problem with the use of anesthesia. If you forget to follow these instructions, it will be necessary to cancel your surgery.

Your pre-operative physical is scheduled at the:

Lombard Naperville office with Dr. Paul on _____ at _____ am pm.

You must make an appointment to see your primary care physician _____
and/or cardiologist to obtain medical clearance prior to your surgery.

An Edward Hospital Pre-admission testing nurse will contact you via phone to conduct a health history interview prior to your surgery. If you have not been contacted within 10 days prior to your surgery, please call pre-admission testing at 630-527-3325.

Your pre-op labwork will be done at:

Quest Edward Hospital Glen Ellyn Lab Spalding Lab Lombard Lab on _____ .

Dr. Paul has requested that you have a:

Discography CT Myelogram Pre-op MRI Chair Back Brace
 Miami J Collar Dexascan prior to your surgery.

- All necessary information will be given to you if it is determined that you will need one of the above tests or equipment.
- Please NOTIFY YOUR INSURANCE COMPANY that you have been scheduled for surgery.
- The nurse scheduling your surgery is Dianne Bonas RN, BSN. If you have any questions or need to make any changes, you can contact her at 630 967 2225 (BACK).
- If you are on anti-inflammatory medication (i.e. Motrin, Aspirin, Naprosyn, Voltaren, etc.) please stop taking this medication at least 2 weeks prior to surgery. Termination of these medications will help to decrease the risk of bleeding problems. You may take Tylenol for pain or discomfort.

1st Post Op appointment is scheduled for _____