

DuPage Valley Pain Specialists

Ph (630) 967-6000 Fx (630) 428-3971

Pre-Procedure Instructions

IT IS YOUR RESPONSIBILITY TO READ THESE INSTRUCTIONS!!

- 1) We require a forty-eight hour notice of cancellation. Please note that if you cancel your procedure we may not be able to reschedule for several weeks.
- 2) If you are having your procedure at one of our office Fluoro Suites, please arrive 20 minutes before your scheduled procedure time. If you are having a procedure at Edward Hospital the hospital will contact you with your arrival time and pre-admission testing may contact you to update your health history.
- 3) Do not eat or drink anything six hours prior to your procedure if you are receiving intravenous sedation. If you do not require sedation, then you have no restrictions regarding eating or drinking.
- 4) If you are on daily medication, you may take them with a small amount of water.
- 5) Please make sure you have a ride home if you are having a procedure (IV sedation or local).
- 6) Stop NSAIDS (Motrin, Aleve, Ibuprofen and Aspirin) one week before procedure.
- 7) If you are on Coumadin, Plavix or other like blood thinners you must speak to your prescribing physician regarding stopping this medication. Prior clearance must be obtained from your physician in order to have your procedure. Please have your physician fax the clearance form you were given to our office at (630)428-3971. When we receive the clearance form from your physician, a scheduler will contact you to schedule your procedure. **Do not stop your blood thinner** until you have been contacted by our office and advised of a procedure date and date to stop your blood thinner. If you are on Plavix you will need to stop taking the medication 1 week before your procedure date. If you are taking Coumadin you will need to stop taking the medication 5 days before your procedure date. You may be asked to have a PT/INR blood test before your injection.
- 8) If you are sick or on antibiotics prior to your procedure please contact the office and ask to speak to one of the pain nurses prior to coming in for your visit (630) 967-6000. Depending upon your illness, your procedure may be rescheduled.
- 9) You are to make a follow-up appointment following the procedure with our office unless you are returning to see your surgeon soon after your procedure. If you are returning to see your surgeon, we ask that you request your surgeon to fax a copy of their follow up office note to our office at (630) 428-3971.