

DuPage Valley Pain Specialists

Ph (630) 967-6000 Fx (630) 428-3971

Pre-Procedure Instructions

IT IS YOUR RESPONSIBILITY TO READ THESE INSTRUCTIONS!!

- 1) We require a forty-eight hour notice of cancellation. Please note that if you cancel your procedure we may not be able to reschedule for several weeks.
- 2) Please arrive 20 minutes before your scheduled procedure time. .
- 3) If you are requesting sedation for your procedure you CANNOT eat or drink anything 6 hours prior to your procedure. If you are on daily medication, you may take them with a small sip of water.
- 4) If you do not require sedation for your procedure, you have no restriction regarding eating or drinking.
- 5) If you are having a spinal based injection you MUST have a driver.
- 6) Stop Non-Steroidal Anti-Inflammatory Medications such as Motrin, Aleve or Ibuprofen 2 days prior to injections.
- 7) If you are on a prescribed blood thinner such as: Aspirin, Coumadin, Plavix or Lovenox; we will give you instructions regarding these medications only after we have seen you and obtained approval from your prescribing physician. **DO NOT STOP ANY PRESCRIBED BLOOD THINNING MEDICATION ON YOUR OWN.**
- 8) If you are sick or on antibiotics prior to your procedure please contact the office and ask to speak to one of the pain nurses prior to coming in for your visit (630) 967-6000. Depending upon your illness, your procedure may be rescheduled.